

2023 Winter Gateway Academy

January 8 - March 30

Gateway Academy is an accelerated program into Figure Skating and is by invitation only. Skaters must be under the age of 9.

ON-Ice Fundamentals

- Jumping
- Spinning
- Theatre on Ice
- Field Moves
- Edges & Turns

OFF-Ice Fundamentals

- Body Awareness
- Dryland Jumping
- Fitness
- Dance
- Creative Movement

This program promotes:

- Self-discipline
- Confidence
- Competitive Drive
- Team Spirit
- Fun & Enjoyment

PACKAGES & PRICING (Jan - Mar)

Academy 2-Day Package	\$385.00
Academy 3-Day Package**	\$539.00

Gateway SC Yearly Membership of \$70 will be added to all NEW Gateway Academy registrations.

Membership includes Skate Canada Insurance, membership and Safe Sport fees, and AGM & Awards Banquet.

Skate Canada Fee is non-refundable.

Valid from September 1, 2022 - August 31, 2023.

SCHEDULE & LOCATION

Tuesday Mill Woods A	Thursday Mill Woods B	Sunday Meadows E
5:45 - 7:30 pm	4:45-6:30 pm	12:30 - 2:15 pm
5:45-6:15 OFF ice 6:30-7:30 ON ice	4:45-5:30 OFF ice 5:45-6:30 ON ice	12:30-1:15 OFF ice 1:30-2:15 ON ice

* Skaters must select a **minimum of two days**.

** 3 classes per week is recommended for accelerated progress. 20% discount will be given for the additional day.

EQUIPMENT

- Figure skates, guards for skates, gloves, skating attire (fitted clothing), running shoes, yoga mat.

NOTES

- Schedules are subject to change at any time. Please check the Events Calendar on the website regularly for changes.
- Register online through your Uplifter account at www.gatewayskatingclub.org.
- DEADLINE to register is **January 1st**.

MANDATORY VOLUNTEERING

Each family must participate in 1 hour of volunteer hours to help support our club. Details to follow.

Opt-out fee of \$50.



For further inquiries, contact Nathan Chung at nathanchung1600@hotmail.com.